Person supported COVID-19 Exposure Guide

Reviewed August 1st, 2024

Situation

A person you support has been in close contact with someone diagnosed with or suspected to have COVID-19.

A person supported has developed symptoms of COVID-19.

Isolation

The person supported:

- Should self-isolate away from others, in a single room with a private washroom **OR** if not possible, physically distance at least 2 meters away from others and wear a well fitted medical mask if able.
- Remain isolated for at least 5 days after symptoms onset and until fever has resolved and has experienced improving symptoms for 24hrs (48hrs for gastrointestinal symptoms)
- Should continue to wear a well fitted medical mask until at least day 10 from symptom onset.

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Judgement

Symptoms?

Yes

- See "A person supported has developed symptoms"

No

- Close monitoring of symptoms for 7 days
- Wear a well-fitted mask, if tolerated, and physically distance from others as much as possible for 7 days.

When two or more cases of COVID-19 are linked to a home. The supervisor will contact Public Health. If Public Health declares an Outbreak, follow their guidance. .

Employees contact next level supervisor.

Person supported should be tested for COVID-19, consider local community resources such as family doctor or pharmacy to complete the testing.

Testing

If employees do not attend testing:

- Immediately update the next level supervisor.
- Set up PPE at the door according to your public health instructions.
- Verbally notify the next staff of the situation.
- If the person is positive for COVID-19, follow instructions in Outbreak guide (see next page).

If employees support the person while getting a test:

- Wear appropriate PPE.
- Verbally notify the next staff of the situation.
- If the person is positive for COVID-19, follow instructions in Outbreak guide (see next page).