

STEP 1- Christian Horizons Guidance on COVID-19 Employee Exposure and Testing Scenarios

We want to prevent COVID-19 from being brought into people's homes. Employees must not come into work if:

1. They have traveled outside of Canada within the last 14 days.
2. They have a cough, shortness of breath, fever above 37.8°C/100.04°F, or other symptoms of COVID-19*. Employees with COVID-19 symptoms should seek testing.
3. They have been exposed to someone with a *known* case of COVID-19, not including someone they support or a direct co-worker.

An employee is a close contact of someone with COVID-19 symptoms or someone diagnosed with COVID-19.

If the close contact is someone (person supported or co-worker) the employee interacts with in their regular work setting at Christian Horizons, AND the employee has no symptoms, continue to work using a surgical mask and other PPE as appropriate. If symptoms develop, the employee contacts their supervisor, and self-isolates at home.

If the close contact does not live or work in the employee's regular work setting at Christian Horizons, the employee self-isolates at home until test results are returned. Clean the home including any surfaces they may have touched following the [Enhanced Cleaning Measures](#).

See **Step 2** for guidance on employee isolation scenarios including return to work instructions.

You are alerted to an employee having been in contact with a person exposed to COVID-19 (i.e. the *suspected person*) (not including people they support or co-workers they interact with in their regular work setting at Christian Horizons).

Consider the type of contact the employee had with the *suspected person*.

Was it a close contact? (i.e. living with or had close prolonged contact with the suspected or confirmed person).

Yes

No

Was it a non-close contact? (i.e. maintained a distance of greater than 2 metres).

Yes

No

Was it a transient interaction? (i.e. walking by or being briefly in the same room).

Yes

The employee will follow their local public health instructions to get tested.

The employee can continue to work and self-monitor for symptoms for 14 days from the last day of exposure.

No active monitoring required. The employee can continue to work and regularly self-screen.

If the employee develops symptoms, they should self-isolate, call their family health care provider or provincial health lines, and seek testing. The employee must call their supervisor to determine who they were in close contact with while working.

An employee has participate in public health surveillance testing

Employees continue to work until they receive their test results.

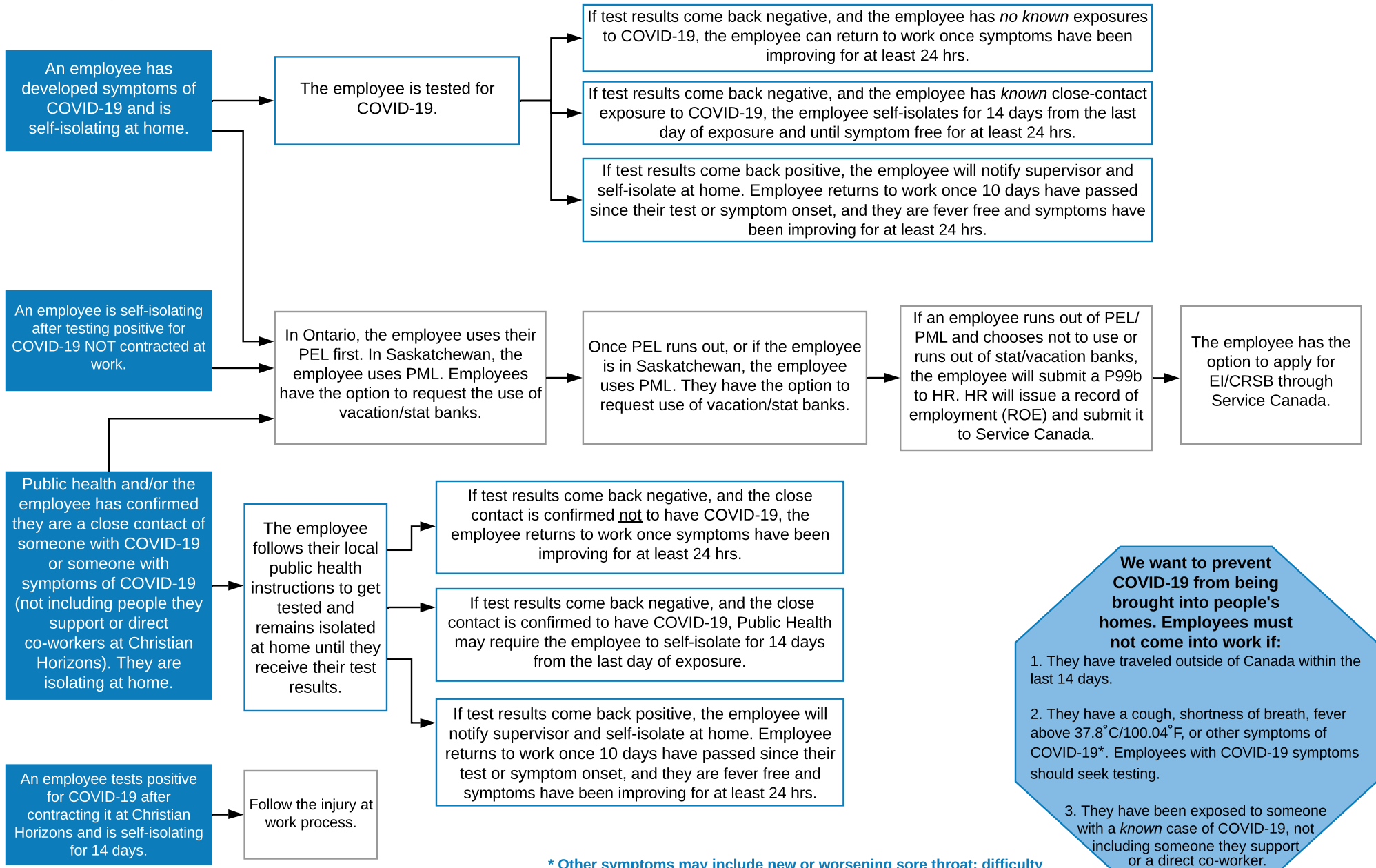
If test results are negative, the employee continues working.

If test results are positive, the employee self-isolates at home. Employee returns after 10 days from test date (if asymptomatic), or from symptom onset and once the employee is fever free and symptoms have been improving for at least 24 hours. See **Step 2**.

Note: These documents were created by Christian Horizons (www.christian-horizons.org/coronavirus) for information purposes only. They are based on public health guidance, but please defer to local, regional, and national public health authorities for the most up-to-date information (e.g. canada.ca/coronavirus).

* Other symptoms may include new or worsening sore throat; difficulty swallowing; runny, stuffy, or congested nose (not related to seasonal allergies or other known causes or conditions); lost or reduced sense of taste or smell; nausea/vomiting, diarrhea, abdominal pain; or atypical symptoms such as unexplained fatigue or muscle aches; delirium; increased falls; acute functional decline; exacerbation of chronic conditions; chills; headaches; barking cough (croup) and pink eye.

Step 2- Christian Horizons Guidance on COVID-19 Employee Self-Isolation Scenarios



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