

COVID-19 CPR PROTOCOLS

If someone stops breathing, does this person:

HAVE COVID-19?
(See the *LEFT* column)

NOT HAVE COVID-19?
(See the *RIGHT* column)



QUICK GUIDE:

A



- If unresponsive, check airway, breathing, & circulation.
- If not breathing, call EMS/911 immediately.
- If you are on your own, use “hands free” when calling 911.

**Call
911**

IF COVID-19 is suspected/confirmed, provide Compression Only CPR:	IF COVID-19 is NOT suspected/confirmed, provide CPR with rescue breaths. <i>Use a Pocket Mask:</i>
<p>B</p>  <ol style="list-style-type: none"> 1. Place a towel/cloth loosely over the person’s nose & mouth. 2. Kneel beside the person. 3. With fingers interlocked mid-chest, press up & down (2 inches) with the heel of your bottom hand until EMS arrives. 	 <ol style="list-style-type: none"> 1. Place a Pocket Mask over the person’s nose & mouth. 2. Kneel beside the person. 3. With hands interlocked mid-chest, press up & down (2 inches) counting to 30; give 2 rescue breaths. 4. Repeat 30:2 until EMS arrives.

Q: DO POCKET MASKS PROTECT FROM DROPLET EXCHANGE?



Pocket Mask

A: Each pocket mask has a disposable one-way filter that prevents breath & droplets from contacting the first aider.

DISPOSE of one-way valves after each use.

DISINFECT the pocket mask after each use with hot soapy water & a diluted bleach rinse.

DRY - Allow to **DRY** before placing back in the container.

If locations require pocket masks or additional one-way valves, or have additional questions / concerns contact:



Disposable One-Way Valve

- **Your District Learning & Development Manager** or
- **Carolyn Hoekstra** (choekstra@christian-horizons.org)

For more information, [download the Red Cross First Aid APP](#)