

WHAT TYPE OF MASK SHOULD I WEAR?

Supporting or visiting people not suspected / confirmed to have COVID-19.

All designated and essential visitors.

Appropriate* commercial mask is available as requested

Providing direct support or working in the isolated living space of someone suspected or confirmed to have COVID-19.

Follow local leadership's direction for the type of mask to wear

Performing a procedure that produces aerosols (e.g. nebulizer, suctioning, CPAP) with someone suspected or confirmed to have COVID-19 or if a location is in outbreak

N95 respirator (along with approved fit testing) is ideal.



FURTHER QUESTIONS

- *Talk to your supervisor if you have questions about the different kinds of commercial masks that are available and which ones are appropriate for your environment and region.
- See the *PPE Frequently Asked Questions* document on CHconnect for answers to other questions.

For the latest guidance, training, and resources be sure to visit:

covid19.chconnect.org



HOW TO PUT ON, USE, TAKE OFF AND DISPOSE OF A MASK



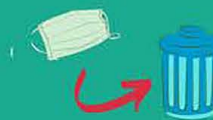
Before putting on a mask, clean hands with alcohol-based hand rub or soap and water



Cover mouth and nose with mask and make sure there are no gaps between your face and the mask



Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks

To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water

